

3 Ways to Prepare For the General Session

1. Get familiar with the process and the website

Before the session begins, spend time learning how things actually function on the Hill.

- **Step 1: Bookmark the Utah Legislature website** → <https://le.utah.gov/>
- **Step 2: Create a legislative account (if you don't have one)** - Having an account lets you track bills, subscribe to topics, and get email updates when bills change or when committee meetings are scheduled <https://le.utah.gov/tracking/trackingLogin>
- **Step 3: Find your lawmakers** - Knowing who represents you matters, they're your most accessible point of contact as a constituent, and they're far more likely to respond to emails or meeting requests from people in their district.
 - On the website, on the top menu: Click “**Legislators**” → “**Find by Address/Map**”. Enter your street address and ZIP code and your State Representative and Senator will populate.
 - If you’re logged in, the site saves this automatically. When you return to the homepage, you’ll see your legislators listed under the “**Find Your Legislator**” tab (next to the Quick Links/Trending Bills tab), making it easy to pull their info quickly when you need it.

2. Review and save key session deadlines

Before every General Session (and even interim), it’s worth knowing the dates and deadlines legislators are required to follow. These timelines help you understand:

1. When bills must be filed
2. When committees meet
3. The last days for House or Senate floor votes, etc.

- On the homepage: Look for “**2026 General Session**” under the calendar and click “**Significant Dates**”. This page lays out all major deadlines for the session, from bill filing to adjournment.
- Add the dates that matter most to your personal or work calendar, and future you will appreciate it. (Be sure to change the year from 2025 to 2026 on the left side of the page.)

3. Learn how to track bills and committees

Finding and tracking bills: It's still early, but bill requests have been live and they're one of the best ways to read between the lines and see what lawmakers are thinking about heading into session. (There probably is some bills numbered already, it will still be listed with the bill requests). Even when bills aren't fully drafted yet, patterns across bill requests can tell you a lot.

To explore: From the homepage, click “**Bills**” → “**View Bills**”. Under “**Display Options for Bills**,” select “**Bills/Bill Requests**” then simply switch the session dropdown from 2025 to 2026 General Session

From there: Select “**ALL**” under Senator to see every Senate bill request, or return and select “**ALL**” under Representative to view House requests

If something catches your eye, Google the title. You'd be surprised how often similar bills show up in other states or past sessions.

Finding committees: Committees are where a lot of the real work happens and a ton of information is publicly available.

To explore: Click “**Committees**” → “**All Committees**” and change the year from 2025 to 2026

Click into any committee to see:

1. Who sits on it
2. Who the chair is (they run the show)
3. Bills assigned to the committee
4. Agendas and meeting materials

Committees are required to post agendas at least 24 hours in advance, and you can subscribe to get those updates automatically.

On any 2026 committee page: Click “**Subscribe**” and click on “Choose to receive agendas and minutes by email” and from there, click the committees you are interested in following.

(You'll need a legislative account)